

## **Lise Ellen McCarthy, PT, DPT, GCS**

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### **Positions**

2013-Present CEO and President, MIPT, Inc.  
2000-2013 Owner, MIPT.

### **Education**

2008-2010 Temple University, DPT, Physical Therapy.  
1997-2000 Samuel Merritt University, MA, Physical Therapy.  
1988-1990 San Francisco State University, BS in Biology (Physiology).

### **Certifications**

2016 Clinical Teaching Certificate Track, UCSF/SFSU.  
2013-2023 Board Re-Certification in Geriatric Physical Therapy, American Board of Physical Therapy Specialties (ABPTS).  
9/2011-5/2012 Interprofessional Faculty Development Program: Preparing the Health Professions for the Aging Century, UCSF Teaching Certificate.  
2003-2013 Board Certification in Geriatric Physical Therapy, ABPTS.

### **University Teaching Experience**

2012 –Present Assistant Clinical Professor, Volunteer, Physical Therapy and Rehabilitation Sciences, UCSF/SFSU, service involves.

- Currently presents elective course on dementia designed for 3<sup>rd</sup> year DPT students.
- Supervised 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> year DPT students during practical examinations and their community teaching projects.
- Developed two lectures: a case study lecture and a lecture on the psychosocial aspects of geriatric aging.
- Assisted with neuro practical examinations, student interviews.
- Edited 10 student dissertations to date.

## **Community Teaching and Speaking Experiences**

- 2018 Dementiacare Assessment: This is How We Do It!, 2017 APTA Combined Sections Meeting (national speaker).
- 2018 Dementiacare Treatment: This is How We Do It!, 2017 APTA Combined Sections Meeting (national speaker).
- 2016 Mission Cognition: Clinical Assessment and Care Management of the Patient with Chronic Progressive Cognitive Impairment, 2016 APTA Combined Sections Meeting (national speaker).
- 2015 Role of PT in Health and Wellness: Patients with Neuromuscular Problems, Neurologic Physical Therapy Professional Education Consortium (Kaiser, multi-state webinar).
- 2014 Advances in Geriatric Physical Therapy Care, San Francisco, Professional Fiduciary Association of California (local speaker).
- 2014 How to Assess for Pain in People with Advanced Dementia: A Caregiver's Guide, Family Caregiver Alliance (national webinar).
- 2013 Safe At Home—A Caregiver's Guide, Family Caregiver Alliance (YouTube video, grant from Pat Summit Foundation:  
<https://www.youtube.com/watch?v=uSUNMbQz59g>).
- 2012 How to Assess for Pain in People with Advanced Dementia: A Geriatric Physical Therapist's Perspective, California Physical Therapy Association (national webinar).
- 2011 Fall and Injury Risk Prevention Strategies, Institute on Aging, San Francisco (conference speaker).
- 2011 Caring for People with Stage 6 Dementia, San Francisco Bay Area Social Workers (local speaker).
- 2011 Senator Elaine Alquist Women's Health Forum, Silicon Valley (California State Senate Keynote Speaker).
- 2009 Insights into Frailty, Professional Geriatric Care Managers (speaker).
- 2008-2010 APTA Members Mentoring Members Program.
- 2007 Home Health Panel, California Chapter of the Physical Therapy Association Annual Conference (speaker).

## **Memberships**

- 2015-2016 Private Practice Section (APTA)
- 2012-2017 American Geriatrics Society Member
- 1997-Present Academy of Geriatric Physical Therapy Member (AGPT)
- 1997-Present American Physical Therapy Association Member (APTA)
- 1997-Present California Chapter Member of the APTA (CAPTA)

## **Leadership**

- November 2017 Guest Editor of the continuing education focus issue of GeriNotes. A physical therapy clinical magazine published 5 times a year by the Academy of Geriatric Physical Therapy.
- November 2016 Contributing Editor of the continuing education GeriNotes focus issue.
- 2015-Present APTA Representative on the Dementia Measure Update Work Group, American Psychiatric Association and American Academy of Neurology Joint Committee. The purpose of this committee is to review, identify and develop national quality measures that specifically target underemphasized areas or gaps in the evaluation and management of care provided to people with dementia. As the APTA's appointed representative and a national expert in pain assessment in people with dementia, I developed and introduced a new national dementia measure, Pain Assessment and Follow-Up, which was accepted by the committee and is expected to be published later this year. The recommendations from the Dementia Update Work Group historically are incorporated into the Global Alzheimer's Report.
- 2014-Present Founding Chair, Cognitive and Mental Health Special Interest Group (SIG) of the Academy of Geriatric Physical Therapy. As Founding Chair of this new SIG, my focus has been on project development and recruitment.
- 2012-2014 Geriatrics Specialty Council Item Writer. American Board of Physical Therapy Specialties, Specialization Academy of Content Experts.
- 2012-2014 CAPTA, Legislative Co-Chair for the Golden Gate District.
- 2011-2012 Interprofessional Faculty Development Program: Preparing the Health Professions for the Aging Century, UCSF Teaching Certificate.
- 2010-2014 San Francisco Bioethics Forum Member.
- 2004-2005 San Francisco Partnership for Community Based Care and Support Member.
- 2003-2004 Eldercare Network, President.
- 2002-2003 San Francisco Coalition of Agencies Serving the Elderly (CASE), Board Member.

## **Publications**

- 2018 McCarthy L. The Evolving Interconnectedness of 3 Fields of Study: Falls, Brain Imaging, and Cognitive Therapy. Topics in Geriatric Physical Therapy. 2018;34(1):8–12. doi: 10.1097/TGR.0000000000000170
- 2018 McCarthy L. "The Right Kind of Support." Blog article. <https://www.ustep.com/finding-the-right-kind-of-support/>.
- 2016 McCarthy L. "Cognitive-based Functional Assessment in Alzheimer's Disease: A Focus on the GDS/FAST Staging System." GeriNotes. 2016;23(6):6-10.

- 2016 McCarthy L. Differential Diagnosis (Complex Pain Assessment and Management). In: Staples W. Geriatric Physical Therapy: A Case Study Approach. New York, NY: McGraw-Hill;2016:102-103.
- 2015 McCarthy L. "Meeting the Challenges of Prescribing Medically Necessary Equipment through Medicare under the DMEPOS Competitive Bidding Implementation Contracting (CBIC) Program." PT Interventions. 2015;48(2):8-9.
- 2014 McCarthy L. "Pain Assessment in People with Advanced Dementia." GeriNotes. 2014;21(6):20-22.
- 2014 Gorman SL, Rivera M, and McCarthy L. "Reliability of the Function in Sitting Test (FIST)," Rehabilitation Research and Practice, vol. 2014, Article ID 593280, 6 pages, 2014. doi:10.1155/2014/593280.

### **Collaborative Works**

- 2018 In-service to SilverRides and Toyota Research and Development Executives regarding safe car transfer training and 6 car modification ideas to improve functional independence/mobility for people with sensory/motor deficits with getting in/out of the car.
- 2017 APTA Combined Sections Meeting two-day pre-con course. San Antonio, Texas. Title: Working with Cognitive/Mental Health Issues Across the Care Continuum
- 2017 PTNow Tests and Measures: Pain Assessment in Advanced Dementia.  
<https://www.ptnow.org>

### **Keywords/Areas of Interest**

Physical therapy, geriatrics, extreme age, medically complex patients, cognitive impairment, dementia, dementiacare, mental health, fall risk, pain, functional mobility, healthcare/Medicare policy, durable medical equipment, speaking, teaching, professional writing, clinical research.